CHEF RECOMMENDATION廚師推介

SICHUAN GRILLED FISH 喜悅烤鱼 £35.8

Come with:
Seabass, Broccoli, Potato, Dried Bean Curd, Bamboo Shoots
(鲈鱼.西兰花.土豆.腐竹.笋片)



"MA - LA' DRY POT 麻辣香锅 £32.8

Choose 6 items from extra list 任选6样配菜

Extras 配菜:

#Broccoli 西兰花, Potato 土豆, Bamboo Shoots 笋片, Lotus Roots 藕片, Enoki Mushroom 金針菇, Oyster Mushroom 平菇, Black Cloud Ear Fungus 木耳 , Dried Bean Curd 腐竹, Silky Tofu 滑豆腐, Deep Fried Tofu 炸豆腐

#Chicken, 鸡肉 Crispy Pork 酥肉, Luncheon Meat 午餐肉, Beef Slices 牛肉, Fish Fillet魚片, Fish Ball 魚丸, Prawn虾, Crab Stick 蟹肉棒

SPECIAL MENU 特色菜

***Come with* 主料:**

-CHICKEN 雞 £24.0
-AROMATIC BEEF 牛 £24.0
-FISH 腩 £24.0
-PRAWN 虾, SCALLOP 扇貝, MUSSEL 青口 £29.8

***Extras* 配料:**

-Celery 西芹
-Carrot 紅蘿卜
-Green & Red Peppers 青紅椒
-Onion 洋 块
-Garlic(Big Size) 大蒜
-Potato 土豆

SICHUAN MAO ROAST DUCK IN CLAY POT 四川冒鴨 £28.8(Big) ,£18.8(Small)

Mao roast duck is special delicacy in Chengdu, Sichuan Province. It combines the crispy skin of roast duck and the tender meat of roast duck with the unique Sichuan way of eating maocai. Cut the roast duck into piece and Put it in a "Maocai" soup pot and blanch it. Add the Maocai duck, a combination of meat and vegetables and overflowing with fragrance.



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VEGETABLES / TOFU蔬菜/豆腐

STIR-FRIED LOOFAH WITH GREEN BEANS 白汁絲瓜燴青豆 £10.8
PAN FRIED GREEN CHILI 虎皮青椒 £10.8
DRY-WOK CAULIFLOWER 干焗花菜 £10.8
HAND-TORN CABBAGE WITH RED CHILLI 手撕包菜 £10.8
STRI FRIED BROCCOLI WITH MUSHROOM IN OYSTER SAUCE香菇蚝油西兰花 £10.8
DRY WOK CUMIN POTATOES & LOTUS SLICES (v) 干焗孜然土豆藕片 £10.8
MORNING GLORY 通菜
-garlic £10.8
-pan stir-fried £10.8
-fermented bean curd £12.8
STRI-FRIED PAK CHOI WITH CRUSHED GARLIC(v) 蒜蓉小白菜 £11.8
DRY-FRIED GREEN BEANS 干煸四季豆*(vegetarian option available) cooked with minced pork and dried beansprouts, an intensely flavoured preserved mustard green from the Sichuan city of Yibin,* £12.8
BRAISED EDAMAME BEANS WITH LUNCHEMEAT ,DRIED SHRIMP AND TOMATOES 三鮮毛豆 £12.8
MUM'S HOME-STYLE TOFU家常豆腐*(vegetarian option available) is another type of Sichuan flavour, inspired by Chinese traditional home-style cooking. Deep-fried sliced tofu and pork belly in a salty, savoury medium hot chill bean sauce with a touch of sweetness* £12.8
FISH-FRAGRANT AUBERGINES 魚香茄子*(vegetarian option available) fish-fragrant aubergines. Sumptuous, braised aubergines with minced pork, one of our most delicious dishes* £12.8
PAT CHOI IN SUPERIOR SOUP STOCK 上湯白菜 £12.8
MA PO TO-FU MINCED PORK 麻婆豆腐 *(vegetarian option available)* £13.8

RICE & NOODLES飯/面

STEAMED RICE 米飯 £3.5
EGG FRIED RICE 蛋炒飯 £5.0
DOUBLE COOKED PORK BELLYFRIED RICE 回鍋肉炒飯 £12.8
SICHUAN STYLE COOKED PORK SLICES WITH GREEN CHILLIFRIED RICE 小炒肉炒飯 £12.8
SAMBAL FRIED RICE 三巴炒飯 £13.8
FRIED RICE 炒飯
-Beansprouts 芽菜 £11.8
-Mix Vegetables (v) 雜 £11.8
-Chicken 雞肉 £12.8
-Beef 牛肉 £12.8
-King Prawns 大虾 £13.8
-Singapore 星洲 £13.8
-Yang Zhou Special Fried Rice 揚州炒飯*(prawn, chicken , luncheon meat)* £13.8
-Seafood £14.8
(prawn, squid, crab stick) 海鮮



NET NOODLES WITH SOUP 淨湯面 £4.8
CHONG QING NOODLES 重庆小面 £6.8
(with minced pork(vegetarian option available)
DAN DAN NOODLES 担担面 £6.8
(with minced pork(vegetarian option available)
SOUR & SPICY VERMICELLI (v) 酸辣粉 £6.8
(with yellow beans)



STIR-FRIED UDON NOODLES 炒面
-Mix Vegetables (v) 雜菜 £11.8
-Beansprouts 芽菜 £11.8
-Chicken 雞肉 £13.8
-Beef 牛肉 £13.8
-King Prawns 大虾 £14.8
-Seafood 海鮮 *(prawn, squid, crab stick)* £15.8

STIR-FRIED CRISPY NOODLES (BLACK BEANS / CANTONESE STYLE) 豉椒烘面/粤式烘面
-Chicken 雞肉 £11.8
-Beef 牛肉 £11.8
-King Prawns 大虾 £13.8
-Mix Vegetables (v) 雜菜 £13.8
-Pork slices 肉絲 £14.8
-Seafood 海鮮*(prawn, squid, crab stick)* £15.8

SINGAPORE VERMICELLI (v) 星洲炒米 £15.8
(prawn, chicken, luncheon meat)
FRIED BEEF HO-FUN 干炒牛河 £13.8
CHAR KUEY TEOW 炒粿条 £13.8
(vegetarian option available)
(Stir-fried flat noodles with egg, prawn and chicken
SAMBALCHAR KUEY TEOW 三巴炒粿条 £13.8
"MA-LA" ASSAM NOODLES 馬來參魚湯面 £14.8
ROAST DUCK OODLES SOUP 燒鴨湯面 £14.8





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PANDA'S KITCHEN EST 2022

ALL DAY FOOD MENU

WE LOVE TO SEE YOU BACK HERE

STARTERS头盘

SPICY GARLIC GINGER EDAMAME 蒜辣毛豆 £7.0
HANDMADE VEGETARIAN SPRING ROLLS *(V)* 三丝春卷 £7.0
PAN FRY CHICKEN DUMPLINGS 鸡肉煎餃 *(vegetarian option available)* £7.5
PORK DUMPLINGS *(in red chilli oil)* 紅油水餃 £8.5
PORK WON TON 麻辣抄手*(in red chilli oil-vegetarian option available)* £8.5
SICHUAN CRISPY PORK STRIPS 四川小酥肉 £8.5
SALT & PEPPER CHICKEN 椒盐雞块 *(vegetarian option available)* £9.2
SWEET & SOUR CARAMELISED PORK RIBS 糖醋排骨 £10.9
SALT & PEPPER CHILLI SQUID 椒盐鮮魷 £10.9
SALT & PEPPER SPARE RIBS 椒盐排骨 £10.9
CRISPY WASABI PRAWNS 芥末虾球*(deep-fried king prawns coated with wasab mayonnaise sauce)* £10.9
BUTTERFLY KING PRAWNS IN BREADCRUMBS 蝴蝶虾 *(served with spicy wasabi mayo)* £10.9
CRISPY AROMATIC DUCK 香酥鴨 *(vegetarian option available)* 1/4 £13.8 1/2 £23.8







COLD STARTERS凉菜

SICHUAN SMASHED CUCMBERS(V) 拍黃瓜 £7.8
(lightly pat cucumbers marinated with chilli, garlic and vinegar sauce)
REFESHING FUGUS 爽口木耳 £7.8
(black cloud ear fungus with fresh coriander, garlic, chilli and Sichuan pepper)
CHINESE OKRA WITH CHILLI & GARLIC(V) 凉拌秋葵 £8.5
SEEWEED SALAD STRIPS 拌海帶絲 £8.8
SCALLION OIL CHICKEN 葱香雞 £11.8
TRADITONAL MARINADED BEEF SLICES WITH HOMEMADE SICHUAN SAUCE DIPPING 醬牛肉 £11.8
CLASSIC MOUTH-WATERING CHICKEN 口水鸡 £11.8
(sliced chicken {skin-on} in Sichuan red chilli topped with sesame seeds {warm})
SICHUAN MALA JERKY BEEF 麻辣牛肉干 £12.5

SOUP汤

CHICKEN SWEET CORN SOUP 鸡茸玉米羹 £6.8
(vegetarian option available) silky and creamy sweetcorn soup with thinly diced chicken
AUNTIE SONG SOUP 宋嫂鱼汤 £6.8
(fish, carrot, mushroom, egg (v)
TRIO-WILD MUSHROOM SOUP (V) 三鮮野菌汤 £6.8
PORK WON TON SOUP 云吞汤 £7.0
(vegetarian option available)
SEAFOOD TOM YUM SOUP 冬阴汤 £7.8
(vegetarian option available)
SEAFOOD HOT & SOUR SOUP 海鮮酸辣汤 £7.8
(vegetarian & chicken option available) prawn , crab meat, squid













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FISH 鱼

FISH FILLET (Pangasius) 魚片
DOUBLE COOK WITH SICHUAN SPICY SAUCE 回鍋魚 £13.8
deep-fried lightly battered pangasius slices to create a crispy exterior, then stir-fried with chillies & bean paste.

£13.8
-Salt & Pepper 椒盐魚片 £13.8
-Black Beans 豉椒魚片 £13.8
-Sweet & Sour 咕嚕魚片 £13.8
-Satay Sauce 沙爹魚片

WHOLE SEABASS 鲈魚 £19.8
-Steamed with Ginger & Spring Onions (20 mins) 清蒸 £22.8
-Yellow Bean Sauce (15 mins) 豆瓣 £22.8
-Red Braised (15mins) 紅燒 £22.8
-Dry Slow Cooked (15 mins) 干燒 £22.8
-Sambal Fish 三巴魚 £22.8
-Sweet & Sour (15 mins) 松鼠糖醋魚 £22.8
SICHUAN SPICY FISH FILLET POT 冷鍋魚 £22.8
TRADITIONAL BOILED PANGASIUS FILLET WITH SICHUAN SIZZLING CHILLI OIL 水煮魚*(boneless)*
SLICED PANDASIUS FILLET WITH PICKLED CABBAGE & CHILLI 酸菜魚
(served in refreshing spicy sour broth with vermicelli, bamboo shoot, mushroom) £24.8





PRAWN & SEAFOOD 虾及海鮮

STEAMED SCALLOPS with GARLIC VERMICELLI (Spicy Optional) 蒜蓉粉絲蒸帶子 £5.0(each)
£14.8

XO SAUCE SEA FOOD BIRDSNEST XO醬雀巢海中宝 (*Scallop , Shrimp, Squid***)**
GONG BAO KING PRAWN WITH PEANUTS 宮保大虾球 £14.8
SWEET & SOUR KING PRAWNS 咕嚕大虾 £14.8
SALT & PEPPER KING PRAWNS 椒盐大虾 £14.8
PICKLED PEPPER SQUID FLOSS 泡椒魷魚須 £14.8
KING PRAWN WITH BLACK BEANS SAUCE 豉椒大虾 £15.8
FRAGRANT CHILLI KING PRAWN 辣子大虾 £15.8
GOLDEN KING PRAWNS WITH SALTED EGG YOLK 黃金虾球 £15.8
MUSSELS IN A CREAMY SAUCE 奶油燴青口 £15.8
WORK-TOSSED SPICY KING PRAWNS WITH CRUNCHY LOTUS ROOTS香辣大虾*(With Shells)* £16.8






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BEEF & LAMB 牛/羊

RED CURRY BEEF 紅咖哩牛肉 £12.8
CRISPY SHREDDED CHILLI BEEF 干牛絲 £12.8
STIR-FRIED BEEF SLICES 炒牛肉 £12.8
-Ginger & spring Onions 姜葱
-Black Beans 豉椒 £12.8
-Black Peppers 黑椒 £12.8
BRAISED BEEF BRISKET WITH TOMATO 番茄牛腩 £13.8
RED BRAISED BEEF BRISKET 红烧牛腩 £13.8
AROMATIC BEEF WITH CUMIN 孜然牛肉*(A classic Sichuan dish. Thinly sliced marinated beef stir-fried with cumin, ginger, garlic, chilli & coriander in results of a fragrant and spicy aroma)* £13.8
BEEF WITH EOKI MUSHROOM 金针酸菜肥牛 £13.8
In Sichuan pickles golden soup
GUAN GONG BEEF 关公牛(Lightly Deep Fried Beef Slices With Chilli) £14.8
SICHUAN CLASSIC BOILED BEEF 水煮牛肉 £15.8
beef sliced cucumber, Chinese cabbage, beansprout
DRY-WOK LAMB WITH LOTUS ROOT AND POTATO 干鍋羊腩 £16.8
SPICY CUMIN LAMB 孜然羊排 £16.8
MANRIADED SHORT RIBS WITH SPECIAL SAUCE WARP LOTUS LEAVES 秘汁荷叶牛肋骨 £24.8





POULTRY家禽

SWEET & SOUR CHICKEN 咕嚕鸡 £11.8
A classic favourite, Crispy deep-fried chicken in a tangy, fruity sauce with pineapple, green & red peppers
GREEN CURRY CHICKEN 青咖哩鸡 £12.8
CHICKEN CURRY 咖哩鸡 £12.8
STIR-FRIED CHICKEN SLICES 炒鸡肉 £12.8
-Ginger & spring Onions 姜葱 £12.8
-Black Beans 豉椒 £12.8
-Black Peppers 黑椒 £12.8
-Satay Sauce 沙爹醬 £12.8
-Green Chilli 尖椒 £14.8
-Chicken Slices With Sambai Sauce 三巴鸡
GONG BAO CHICKEN WITH PEANUTS 宫保鸡丁 £12.8
Named after a nineteenth century governor of Sichuan. A medley of chicken cubes, peanuts and red chilli bean paste and fresh Sichuan pepper corns
GENERAL TSO'S CHICKEN 左宗鸡 £12.8
CHICKEN WITH POTATOES & MUSHROOM 土豆香菇炖鸡 £14.8
FRAGRANT CHILLI CHICKEN 辣子鸡 £14.8




PORK猪肉

BBQ PORK CHAR SIU 密汁叉燒 £10.8
YU XIANG PORK SLIVERS 魚香肉絲 £12.8
The 'Yu Xiang ' flavour is one of Sichuan's most popular flavour combinations (spicy, sweet, sour and savoury)
CRISPY ROAST PORK BELLY 脆皮燒肉 £12.8
BBQ PORK CHAR SIU 密汁叉燒 + CRISPY ROAST PORK BELLY脆皮燒肉(MIX) £12.8
RED-BRAISED PORK BELLY 紅燒肉 £12.8
Rich, succulent chunks of belly pork and Chinese mushrooms in a sweet sauce
DOUBLE COOKED PORK BELLY 回锅肉 £12.8
A well-known dish in Sichuan cuisine. Pork belly is first simmered then thinly sliced and fried with chilli bean paste. Spicy and savoury with tender and crispy texture bacon alike
GINGER SWEET & SOUR PORK SLIVERS 仔姜甜酸肉絲 £12.8
GREEN CHILI PORK SLIVERS 青椒肉絲 £12.8
SMOKED SPICY PORK RIBS 飄香仔骨 £12.8
SICHUAN-STYLE COOKED PORK SLICES WITH GREEN CHILLI 小炒肉 £12.8
Thinly sliced tender Pork stir-fried with green chilli and fermented bean paste.. Understated yet delicious
RED & GREEN SPICY PORK INTESTINE 双椒爆肥腸 £14.8
SPICY PORK INTESTINE IN IRON WOK 干鍋肥腸 £15.8
PORK SILVERS WITH PEKING SAUCE 京醬肉絲 *Serve with pancake* £15.8
FRANGTNT SPICY PORKS TROTTERS 香辣豬蹄 £16.8
"MAO XUE WANG" 毛血旺 £24.8




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TEPPAN 铁板

BEEF UNDO NOODLES *with black pepper/ Teppan* **黑椒牛肉烏冬** £10.8
SICHUAN GRANDMOTHER HOME-STYLE TOFU /Teppan 家常包獎豆腐 £10.8
FISH-FRAGRANT AUBERGINES 魚香茄子*(vegetarian option available)* £10.8
fish-fragrant aubergines. Sumptuous, braised aubergines with minced pork, one of our most delicious dishes
SQUID / Teppan 鱿魚須
-Spicy £12.8
-BBQ £12.8
SWEET & SOUR SIZZLING MINI PORK FILLETS 铁板糖醋里脊 £12.8
RED BRAISED TAMAGO TOFU(V) 紅燒玉子豆 £13.8
RIBS EYES WITH BLACK PEPPER /PICKLED PEPPER (黑椒/泡椒)牛仔骨 £18.8



CLAY POT 煲

RED BRAISED PORK BELLY WITH MUSHROOM 香菇紅燒 £14.8
RED BRAISED BEEF BRISKET 紅燒牛腩 £15.8
STEW BEEF BRISKET WITH DRIED BEAN CURD AND BARB枝竹沙茶牛腩 £15.8
LAMB STEW WITH RADISH 萝卜燜羔 £15.8
RED CRAISED LAMB WITH BEAN CURD SHEET AND POTATO 紅燜羊腩 £15.8
PRAWNS WITH VERMICELLI & GARLIC / Clay Pot 蒜茸粉絲大 £16.8
SEAFOOD TOFU WITH SALTY EGG / Clay Pot 咸蛋海鮮豆腐 £16.8
STIR-FRIED GREEN BEANS WITH PIG INTESTIES / Clay Pot 青豆燒肥 £17.8
RED BRAISED PORK TROTTERS / Clay Pot 紅燒豬蹄 £19.8
RIBS EYES WITH BARBECUE SAUCE 沙茶煲牛仔骨 £19.8





FOOD ALLERGIES AND INTOLERANCES
PLEASE SPEAK TO MEMBER OF STAFF ABOUT THE INGREDIENTS IN OUR DISHES BEFORE PLACING YOUR ORDER. THANK YOU



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