Lunch Menu

10.00 - 15.00
BREAKFAST & LUNCH MENU

Choose A Full Breakfast & Get A Free Hot Drink

Full English Breakfast — 13.5
Two free range eggs, grilled cumberland sausages, grilled bacon, grilled plum tomato, chestnut mushrooms, malted toast, hash browns & baked beans

Halal Full English Breakfast — 15.5
Two free range eggs, halal sausages, turkey bacon, hash browns, grilled plum tomato, chestnut mushrooms, malted toast & baked beans

Full Vegetarian Breakfast — 12.9
Two free range eggs, grilled plum tomato, chestnut mushrooms, vegetarian sausages avocado, malted toast, hash browns & baked beans

Scrambled Eggs — 6.95
Three free range scrambled eggs, chestnut mushrooms, malted toast

Mushroom Omelette — 8.95
Three eggs omelette with mushrooms, cheddar cheese, fries & mixed leaves

Bacon Bap — 5
Grilled bacon in a brioche bap

Sausage Bap — 6.95
Grilled cumberland sausages in a brioche bap

Bacon & Egg Bap — 5.95
Grilled bacon and fried egg in a brioche bap

Eggs Benedict — 9.5
Grilled traditional english breakfast muffin, two poached eggs, slices of honey roast ham & hollandaise sauce

Eggs Florentine — 8.9
Grilled traditional english breakfast muffin, two poached eggs, baby spinach & hollandaise sauce

Grilled Sourdough & Avocado — 8.5
Toasted sourdogh bread with crushed avocado & two poached eggs

SANDWICHES & WRAPS (10.00 - 15.00)

Bacon, Lettuce & Tomato — 8.95
Crispy bacon, lettuce, tomato, ketchup & fries

Breaded Fish Fingers — 8.95
Three fish fingers, tartar sauce, lettuce & fries

Tuna Melted — 9.95
Tuna mayo, cheddar cheese and fries

Crispy Halloumi — 8.95
Mixed leaves, sweet chilli sauce and fries

Chicken, Bacon & Avocado — 9.95
Bacon, chicken, crushed avocado, mixed leaves and fries

The Club — 12.95
Triple decker chicken sandwich, bacon, fried egg, tomato, garlic mayo, lettuce on white bread & fries

Beef Baguette — 12.95
Grilled seeded brown baguette with roast beef, cheese, aioli, avocado mayonnaise, lettuce, tomato & fries

THE CASTLEBAR

Food Menu

SUNDAY'S ONLY
FROM 12PM
SUNDAY ROAST MENU

Roast Fore Rib Of Beef Aged 21 Days — 24

or

Roast Corn - Fed Chicken — 20

Our Premium Roast is Served with

A selection of green vegetables, roasted root vegetables, roast maris piper potatoes with thyme, rosemary & garlic, cauliflower cheese & yorkshire pudding & gravy

Tripadvisor

LOCATIONS:
020 8567 3819
84 Uxbridge Rd, London, W13 8RA

020 8977 3909
69-71 High St, Teddington, TW11 8HA

thecastlebar.uk
thecastlebar_teddington

Dinner Menu

VEGETARIAN TAPAS

Quesadilla De Vegetables 6.95
Traditional mexican grilled vegetables quesadilla with cheese & Pico de Gallo salsa

Padron Peppers 9.5
Sautéed galician padron peppers

Patatas Bravas Con Aioli 6.5
Roasted diced potatoes with spicy brava sauce & alioli

Pinchos De Queso 7.7
Crispy halloumi skewers with zucchini & pea salad

Croqueta De Espinaca Y Queso De Cabra 8.75
Spinach & goat cheese croquettes

Bombas De Queso 7.75
Cheese bombs served with chick fil a sauce

MEAT TAPAS

Quesadilla De Pollo 9.75
Traditional spiced chicken quesadilla with cheese & pico de gallo salsa

Croquetas De Jamon Con Cebolla Caramelizada 8.9
Spanish ham croquettes with caramelized onions

Chorizo A La Sidra 8.8
Chorizo cooked in cider with grilled slice of baguette

Albondigas De Carne 8.9
Beef meatballs in spicy tomato sauce & toasted baguette

FISH TAPAS

Fish Croquettes 9.75
Monkfish & prawns croquettes with cucumber, gherkin & dill salsa

Boquerones Crocantes 9.65
Crispy whitebaits with tartare sauce & lemon

Calamares A La Andaluza 9.5
Deep fried squid, andalucía style

Camarones Apanados 10.9
Prawns battered in golden tempura batter with sweet chilli sauce

MAIN COURSE

Chicken Fajitas / Steak Fajitas 16.95/23
Sizzling chicken or beef, mixed spicy peppers, onions, wrap, guacamole, sour cream, cheddar cheese, tomato salsa

Mexican Chicken Kebab 16.95
Spiced mexican chicken kebab, grilled flat bread with avocado, cucumber, olives, tomato, lettuce salad & chipotle sauce

The Castlebar Chicken Salad 13.95
Grilled lemon & garlic chicken breast, bacon, with poached egg, mixed seeds

Grilled Rib-Eye Steak 23.6
Marinate rib-eye with chipotle & honey, served with chips & mixed salad

Golden Beer Battered Cod Fillet 17.95
Served with chunky chips, mushy pea & tartare sauce

Seafood Linguine 16.95
Linguine pasta in a spicy tomato sauce with prawns, calamari, clams & mussels

Tossed Salad With Tuna 13.5
Tuna chunk served with mixed leaves, black olives, new potatoes, poach egg, fine beans & cherry tomatoes

Spicy Jack Daniel's Pork Ribs 17
Two marinated pork ribs with Jack Daniel's & smoky home-made BBQ sauce, served grilled corn on the cob, chips & mixed leaves

Spicy 1/2 Roast Chicken 15.95
Served with spicy saffron rice & mixed leaves

BURGERS

The Castlebar Lamb Burger 16.95
Lamb burger served with chunky chips, tzatziki, hummus, beef tomato & lettuce

Rodeo Chargrilled Chicken Burger 14.95
Marinate grilled chicken, melted applewood cheese, bacon, BBQ sauce, lettuce, onions ring, beef tomato & triple cooked chips & mayo

Breaded Chicken Burger 16
Lemon & garlic breaded chicken breast burger, mayonnaise, smoked applewood cheese, ham, lettuce, beef tomato & triple cooked chips

The Big Blue 17.25
Beef burger served with crispy bacon, blue cheese, gherkins, beef tomato, lettuce, triple cooked chips, burger sauce & onion rings

The Monterey Jack Flaming Beef Burger 16.95
Beef burger served with crispy bacon, spicy monterey cheese, jalapeños, beef tomato, lettuce, triple cooked chips, sour cream & onion rings

American Style Beef Burger 17.95
Beef burger served with crispy bacon, smoked cheese, gherkins, fried egg, lettuce, beef tomato, grilled onions, triple cooked chips, mayonnaise & cheese sauce

Fish Burger 17.50
Breaded cod & salmon filled with tartare sauce, lettuce, beef tomato, cheese & triple cooked chips

SIDE ORDERS

French Fries 4.5
Chunky Chips 5
Sweet Potato Fries 6.5
Mixed Salad 5.5
Sautéed Spinach 5
Marinated Mixed Gordal & Kalamata Olives & Sun-Dried Tomato 5

SAUCES £1 Chipotle, Sweet Chilli, Garlic Mayo, Tartar Sauce, BBQ Sauce, Hot Chilli

SHARING

Garlic Chicken Goujons
Succulent chicken breast pane' in japanese breadcrumbs
6 pieces 8.95 10 pieces 13.95 14 pieces 18.95

BBQ Chicken Wings 8.50
Choose from: Spicy BBQ or BBQ

Grilled Pitta Bread & Hummus 6.45
Grilled pitta bread with toasted sesame seed hummus

Crispy Homemade Tri - Colour Nachos 8.95
Homemade nachos served with mexican salsa guacamole & sour cream
Add chicken tinga just for extra £3

Loaded Fries 10.95
Golden fries, topped with melted cheese, texas chicken, garlic mayo, pico de gallo, jalapeños & lime

Beef Loaded Fries 12.25
Golden fries, topped with melted cheese, avocado mayonnaise, beef strips, garlic mayo, pico de gallo, jalapeños & lime.

Baked Feta Cheese 11.75
Served with marinated olives, grilled pitta bread

DESSERTS

Churros With Chocolate Sauce & Strawberries 7.55
Churros dusted in cinnamon sugar with warm chocolate sauce

Warm Chocolate Fondant 7.55
Baked soft chocolate fondant with Carte D'or Vanilla ice cream

Apple Tarte Tatin 7.55
Apple, sultana & cinnamon tarte tatin with salted caramel ice cream & caramel sauce

Sticky Toffee Pudding 7.55
Served with salted caramel ice cream & toffee sauce

Ice Cream Selection 6.95
With Strawberries & Chocolate Sauce
Choose Between:
Vanilla, Chocolate, Salted Caramel or Raspberry sorbet

FOOD ALLERGIES & INTOLERANCES

Please speak to our staff about the ingredients in your meal
Be aware that all our dishes are prepared in a kitchen where nuts & gluten are present as well as other allergens, we cannot guarantee that any items is completely free from allergens.